

“The Healed Birth Journey”

Center for Extraordinary Outcomes

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The healed birth journey starts at conception, where it all begins. The feminine (egg) must surrender and trust as she chooses which sperm merges into her. The masculine (sperm) must move toward his goal feeling protected knowing he has the nutrients need to survive the long journey to be the first to reach the egg, burrowing in and merging. Life begins.

As the cells multiply and divide, they move forward with ease and vitality for yet another journey down the fallopian tube, growing constantly, committed to life, looking for the perfect place in the uterine wall to connect to what will become the source of nutrients for the rest of the pregnancy, the placenta.

The embryo continues to grow at a rapid pace and at 6 or so weeks the mother discovers she is pregnant. She is discovered with joy, positively acknowledged and lovingly recognized. She is wanted and loved, stays connected to her source of light within, knowing all is well.

The second trimester begins. She floats in a dream state of bliss and peace. She is receptive to what is happening and feels safe and protected. Comfortable with transition, she confidently knows where she is going. She is at peace within herself.

As she moves into the third trimester and as the birth approaches, she knows someone is there to help her and she can move out of difficult situations easily. She knows she can initiate new beginnings, have the power to make decisions and also be supported. She has the driving force to get to where she needs to go.

When she is ready, the birth process begins. Knowing the interactions with the outside world will be safe and loving, she is clear about her needs, lets people know what her needs are, and trusts that they will be met. She exits when and how she wants to, comfortable and relaxed connecting to her mother through the eyes, smell, voice and heartbeat. She is welcomed by all, glad to be alive, glad to be a girl. She moves to the breast and connects to her outer source of nourishment and love in the world. Accomplishing her goal, she looks around her world and feels content, knowing she belongs.

Imagine going through life with this coherent birth journey. You can be joyful and fully present in your life and in all your relationships. You can meet every challenge with confidence knowing you can get the help you need. Trusting that all your basic life needs are met, you can give and receive love openly. You can focus on making a difference in how ever you choose. Life is an adventure and you live life fully. Heal your birth journey today!

Testimonials from 'Heal Your Birth Journey-Heal Your Life' Experience Jan 11-12, 2007

"I have a peace now that I have been looking for my whole life! As I was enacting the birth I wanted I experienced the importance of touch something I did not receive growing up. I don't feel fearful right now which is something I have felt my whole life. I've always felt I had to bulldoze my way through my fear and now I can enjoy it and move through it. I look forward to feeling softness and more feminine and joy. "

Level 1 practitioner/Resonance Repatterning®

"I feel a real deep, deep peace. I have a new experience of what peace really means. When I enacted the birth I wanted, I received the undivided attention and eye contact that my mom was unable to give me at the time. I feel free to smile and express myself fully. After day 1, I was able to accept Victoria's generosity and allow myself to say 'yes' to staying at her house at the end of my stay without feeling like I'm putting her out or a bother to her, which is something I cleared from when my mother discovered she was pregnant with me. I don't have to do it myself. After I had the experience of being a mom for someone as they were enacting the birth they wanted, I experienced a comfort and capacity to be present and nurturing for someone and I now feel comfortable approaching and moving forward on my accreditation journey."

Level 1 practitioner/Resonance Repatterning®

"I feel peaceful, resolved and content. During the enactment of the birth I wanted, my maternal Grandmother was so present which made a big impact on me. I'm expecting doors to open, positive things to happen, to unfold and to manifest in my life."

Student practitioner/ Resonance Repatterning®

Victoria Benoit, M.C. is dedicated to helping students in their certification journey, as well as anyone feeling stuck in fulfilling their heart's desires.....